



Older Americans Act Title VI Services: Overview of Nutritional and Supportive Services

Program Overview

Title VI of the Older Americans Act (OAA) extends grants to eligible Native American tribal organizations that provide services to older adults and their caregivers. Title VI services include programs such as congregate and home-delivered meals, case management, transportation, caregiver support, and homemaker services. These services help enable older adults to stay in their homes and communities as they age, rather than transitioning to institutional facilities. Title VI grantees represent incredible diversity in geography, culture, and program design and operations.

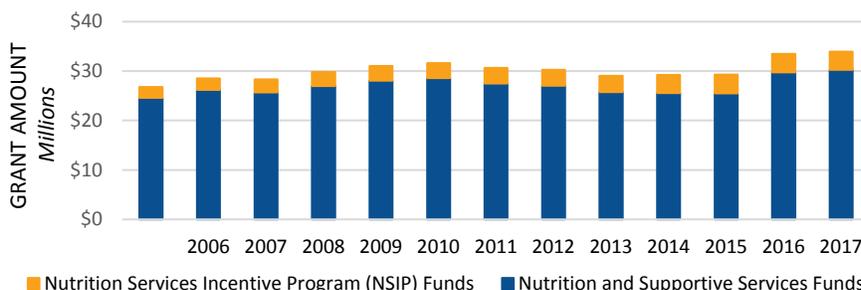
What Elders Say about Title VI Services

"It's 3-fold. You get a meal, you get somebody to check on you, and you get to chat a little bit with another human being."

"This is the reason why I come here, because I love being with the elders, because I'm one of them..."

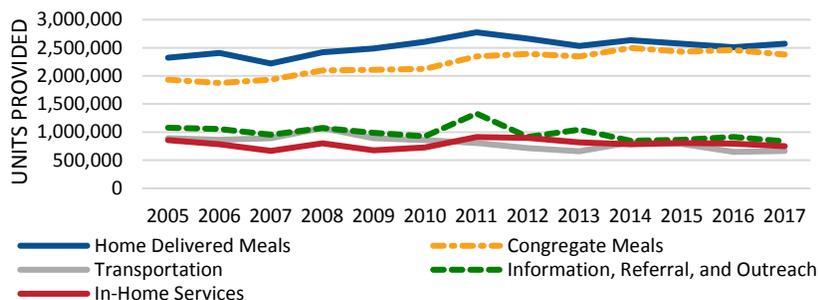
"That's what I'm telling you, that they pulled me through, the program did."

Title VI Funding for Nutrition and Supportive Services and Nutrition Services Incentive Program Funds, 2005-2017



In 2017, 270 grantee organizations, comprising about 400 tribes, received Title VI grants. These grants totaled \$33,963,173 in 2017, an increase from \$26,787,634 awarded in 2005. While the number of grantee organizations served increased by 13 percent between 2005 and 2017, the total grant value awarded increased by 27 percent during the same period.

Services Provided



The above graph includes services provided to all Title VI grantees. "In-Home Services" include personal care, home health aide, chore, and visiting services.

What Program Staff Say about Title VI Services

"[Elders are] very comfortable and they socialize on the bus...laughing in itself is good healthy medicine."

"We were able to meet with them, talking with them in our language and letting them know this is what we can do for you, this is how we can help you."

Services Snapshot

In 2017, across all participating tribal organizations, Title VI funding provided:



Over **830,000** hours of information, referral, and outreach services



2,378,838 congregate meals for **57,808** elders and their caregivers



663,940 rides to medical appointments, grocery stores, and other critical locations



Over **2.5 million** home-delivered meals delivered to **20,525** elders and their caregivers



Over **750,000** units of in-home services¹

¹ One unit = one hour for homemaker, personal care/home health aide, and chore services. One unit = one visit for visiting services. For more information on OAA Title VI Services visit <https://www.olderindians.acl.gov>. ACL documents data on Title VI service provision, reporting the value of grants, number of services provided, and clients served. To access data for further analysis, visit the Aging Integrated Database (AGID) at <https://www.agid.acl.gov/>. [Version November 2019]