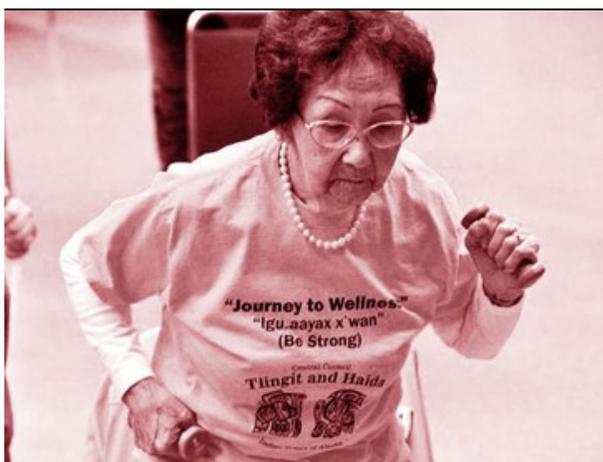


## Native Americans and Older Americans Act Services A Series on Racial and Ethnic Minorities

The Older Americans Act (OAA) supports a range of home- and community-based services designed to meet the needs of adults age 60 and older. All older Americans are eligible to receive services, but the Act targets those with the greatest need and vulnerability. Using data from the Administration for Community Living (ACL), this report series focuses on the needs of older adults that are members of racial and ethnic minority groups and their use of OAA programs and services.

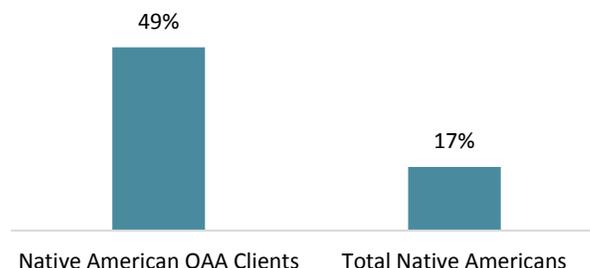


In 2017, 70.8 million Americans were age 60 and older. Among them, 17.3 million (25%) were members of racial and ethnic minority groups. Over the past decade, this population has increased from 20% in 2007 to 25% in 2017, and is projected to increase to 29% over the next decade.<sup>1,2</sup>

Older Native Americans numbered 406,000 in 2017 and comprised less than 1% of the population age 60 and older.<sup>2</sup> Among this population, 31,000 (8%) utilized OAA programs and services through their local Area Agencies on Aging, and over 300 received caregiver support services to help care for family and friends.<sup>3</sup>

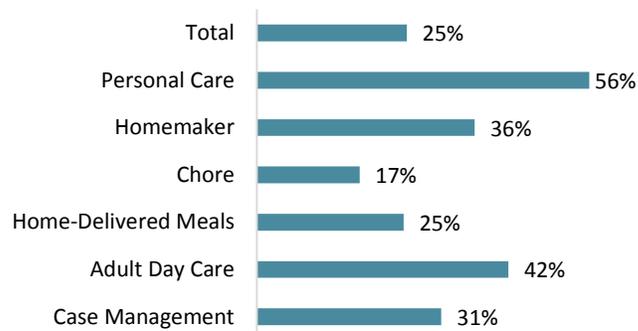
In 2017, 49% of older Native American OAA clients age 60 and older had incomes below the poverty level, as compared with 17% of all Native Americans age 60 and older in the United States (Figure 1).<sup>3,4</sup>

**Figure 1. Percentage of Native Americans Age 60 and Older with Income below Poverty Level, 2017**



Research shows that older adults who have difficulty with three or more Activities of Daily Living (ADLs) (e.g., bathing, eating, getting dressed) tend to be at higher risk for nursing home placement.<sup>5</sup> Figure 2 displays the percentage of older Native American OAA clients who have three or more ADLs by service type. In 2017, 42% of Native American OAA clients receiving Adult Day Care, and more than half the clients receiving Personal Care, had difficulty with three or more ADLs.<sup>3</sup>

**Figure 2. Percentage of Native American OAA Clients Age 60 and Older with Three or More Limitations in ADLs, by Service, 2017**



The high percentage of Native American OAA clients living below the poverty level, combined with the percentage of this population having difficulties with three or more ADLs, places them at a higher risk of entering a nursing home than the total Native American population age 60 and older. OAA programs and services play an important role in helping these older adults remain living safely in their homes and communities by delaying or preventing the need for institutionalization.

<sup>1</sup> U.S. Census Bureau. 2017 National Population Projections.

<sup>2</sup> ACL. 2017 Population Estimates. Available at <https://agid.acl.gov/>

<sup>3</sup> Ibid. 2017 State Program Report Data.

<sup>4</sup> Ibid. 2012-2016 ACS Special Tabulation. Poverty level for all Native Americans includes Native American alone or in combination with one or more races.

<sup>5</sup> Gaugler et al. Predicting Nursing Home Admission in the U.S: A Meta-Analysis. BMC Geriatrics. 2007; 7:13.