

### Program Quick Facts

- Title VI of the Older Americans Act (OAA) establishes grants to Native Americans for nutrition services, supportive services, and family caregiver support services.
- Title VI is comprised of three sections: Part A is the American Indian/Alaskan Native Program; Part B is the Native Hawaiian Program; and Part C is the Native American Caregiver Support Program, which can be accessed by recipients of either Parts A or B.
- Services provided by Title VI include congregate and home delivered meals, supportive services (e.g., transportation, legal assistance, homemaker service), and caregiver support services.

Studies show that **social disconnectedness** and **perceived isolation** are associated with poorer physical and mental health among older adults.<sup>1</sup>

In 2016, Title VI fostered social connectedness among Native American elders by providing...



Almost **2.5 million congregate meals**, facilitating social opportunities



Over **440,000 visitation check-ins**



Over **360,000 telephone check-ins**



Over **600,000 rides**, transporting elders to meal sites, medical appointments, and other critical locations

**For more information** on OAA Title VI Services visit <https://olderindians.acl.gov/>. **To access data** on OAA Title VI Service visit <https://agid.acl.gov/CustomTables/NA/Year/>.

<sup>1</sup> Cornwell, E. Y., & Waite, L. J. (2009). Social disconnectedness, perceived isolation, and health among older adults. *Journal of health and social behavior*, 50(1), 31–48. Retrieved from <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC2756979/>. [Version Apr 2019]