



Older Americans Act Title VI Services – Nutrition

Program Quick Facts

- Title VI of the Older Americans Act (OAA) establishes grants to Native Americans for nutrition services, supportive services, and family caregiver support services.
- Title VI is comprised of three sections: Part A is the American Indian/Alaskan Native Program; Part B is the Native Hawaiian Program; and Part C is the Native American Caregiver Support Program, which can be accessed by recipients of either Parts A or B.
- Services provided by Title VI include congregate and home delivered meals, supportive services (e.g., transportation, legal assistance, homemaker service), and caregiver support services.

Research tells us that individual behavior and social and environmental factors, such as **adequate nutrition, determine 60% of a person's health**, compared to health care (10%) and genetics (30%).[†] Title VI provides services to bolster that 60%.



...and provided over **2.5 million** home delivered meals for nearly **25,000** homebound elders and caregivers.

In 2016, Title VI provided almost **2.5 million** congregate meals for over **64,000** Native American elders and caregivers...



For more information on OAA Title VI Services visit <https://olderindians.acl.gov/>. **To access data** on OAA Title VI Service, visit <https://agid.acl.gov/CustomTables/NA/Year/>. [†]**To read more** on the role of social determinants in promoting health, visit <https://www.kff.org/disparities-policy/issue-brief/beyond-health-care-the-role-of-social-determinants-in-promoting-health-and-health-equity/>. [Version Apr 2019]