The Older Americans Act (OAA) Nutrition Services Program provides regular and adequate sources of nutrition to older adults with the greatest social and economic need in order to reduce hunger and food insecurity, promote socialization, and delay the onset of adverse health conditions.

Services include healthy meals in group settings, such as senior centers and faith-based locations, as well as in the homes of older adults who live alone. Other services include nutrition screening, assessment, education, and counseling.

The 2016 State Program Reports (SPR) data tells us that in the 50 States, DC, and Territories:

- **867,153** people received home delivered meals
- **1,572,038** people received congregate meals

According to the 2016 National Survey of OAA Participants (NSOAAP), most individuals receiving meals would recommend the service to their friends:

- **96%** recommend congregate meals
- **95%** recommend home delivered meals

For more information on the OAA Nutrition Services Program, visit [https://www.acl.gov/programs/health-wellness/nutrition-services](https://www.acl.gov/programs/health-wellness/nutrition-services). To access more data from the SPR, visit [https://agid.acl.gov/DataGlance/SPR/](https://agid.acl.gov/DataGlance/SPR/). To access more data on the NSOAAP, visit [https://agid.acl.gov/CustomTables/NPS/Year/](https://agid.acl.gov/CustomTables/NPS/Year/). [Version Sept 2018]